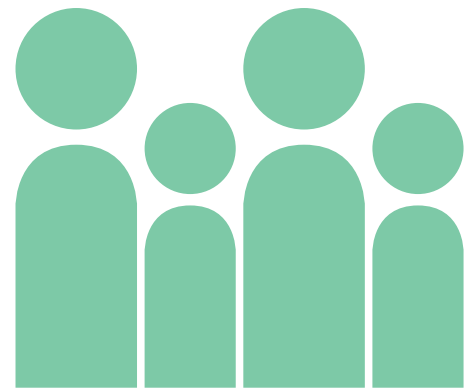


# 2018 YIDS REPORT



**CACTC**  
Cortland Area Communities That Care

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# INTRODUCTION

This report summarizes findings from the New York State PFS Youth Development Survey administered by Cortland Area Communities that Care Coalition during the 2018-2019 school year. The survey instrument was designed to assess risk and protective factors that predict substance use and other problem behaviors such as bullying and delinquency. The Youth Development Survey is especially valuable because it provides information on risk and protective factors for school districts and other agencies to use in planning effective programs, strategies, and policies.

The PFS Youth Survey was administered to 1,349 students in grades 7-12 in partnership with the Cortland, Marathon, McGraw and Cincinnatus School Districts.

The survey data is used to guide the planning process for CACTC and its partners. CACTC and our partners use countywide data for its planning process; however, each individual school that participates in the survey also receives school level data that is used for their planning purposes.

CACTC has administered a countywide youth survey since 2002. This yearly survey has allowed us to identify problem areas to address and track our progress. For example, we know that there has been a significant reduction in 30-day alcohol use since the survey was first administered in 2002.

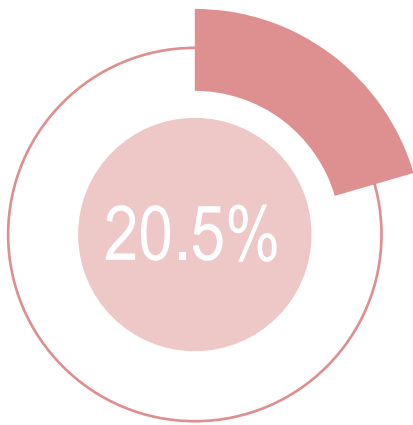
The mission of CACTC is to engage the community to promote a healthy culture for positive youth development.

Evaluation and reporting of the youth survey is conducted by PRIDE Surveys. Following receipt of the surveys, all survey forms were checked to determine the validity and reliability of the data. A small percentage of students were judged to have returned invalid survey data. For example, students who claimed to use all drugs at the highest levels of use were eliminated from the final data set. In total, five separate checks of the logical consistency and validity of the students' responses were conducted.

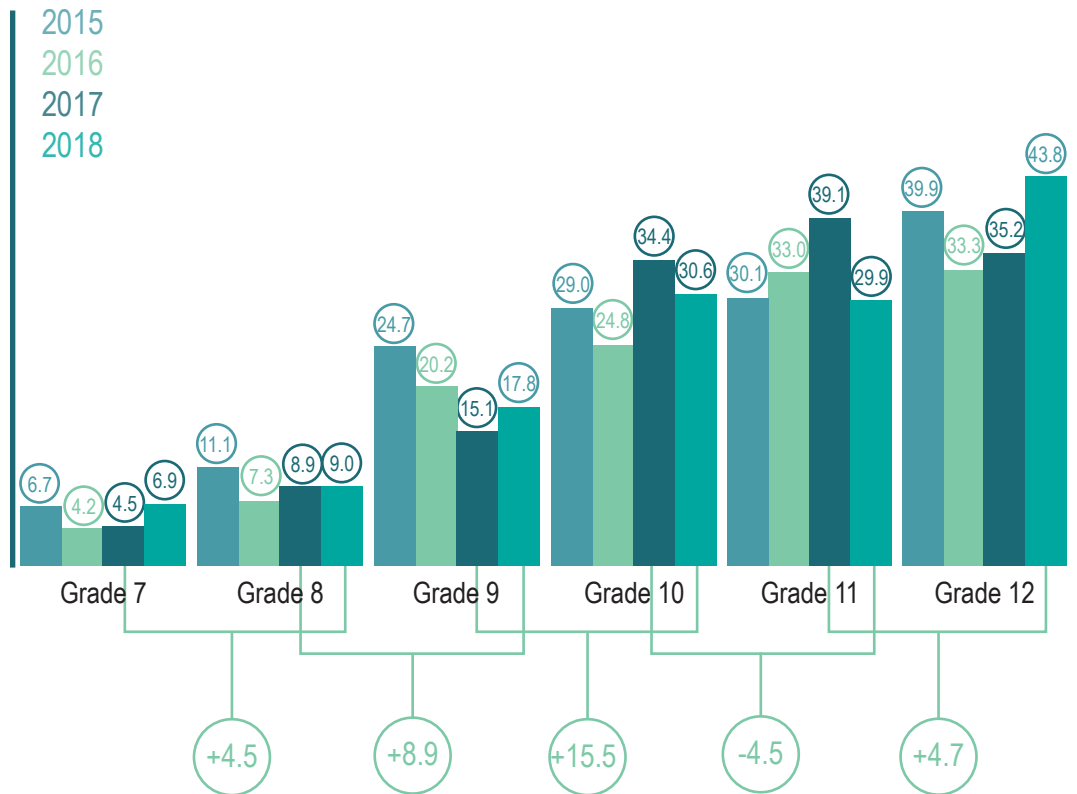
This report was developed, in part, under grant number 1U79SP020707-01 (New York SPF-PFS Project) from the Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services.

# 2018 ALCOHOL

Past 30-Day Use refers to the question “During the past 30 days, on how many occasions have you had beer, wine, or hard liquor to drink.”

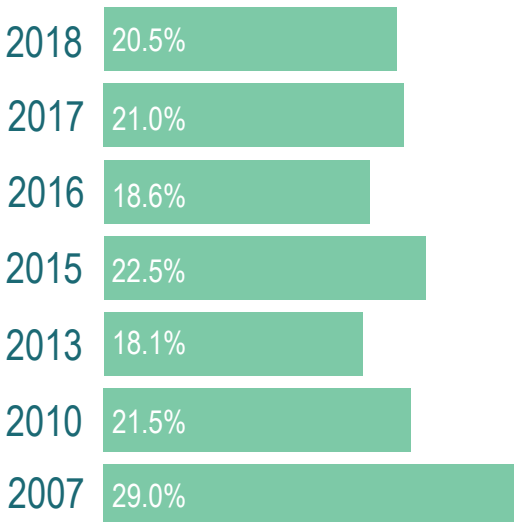


**PAST 30-DAY USE**  
Countywide average for grades 7-12



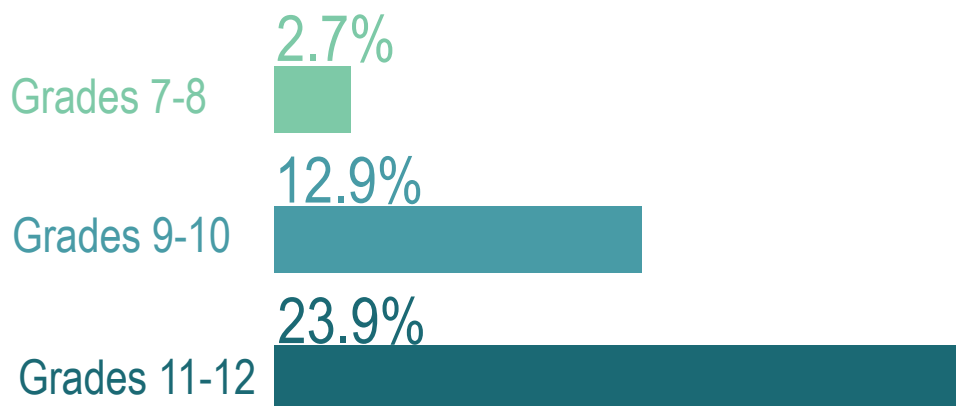
Change represents year-to-year change tracking the same groups of students. For example, tracking last years 7th graders to 8th grade this year.

**PAST 30-DAY USE**  
2007-2018 PROGRESS

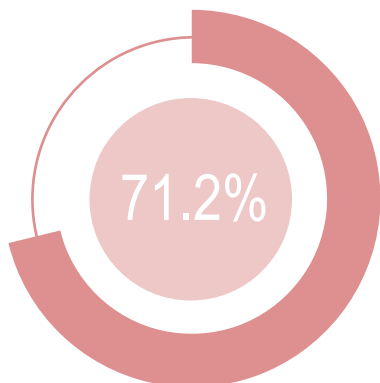


## BINGE DRINKING

Having five or more drinks in a row one or more times within the past two weeks.

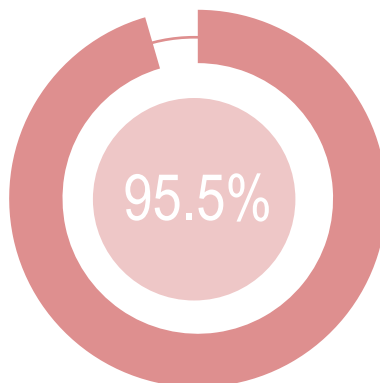


# ALCOHOL 2018



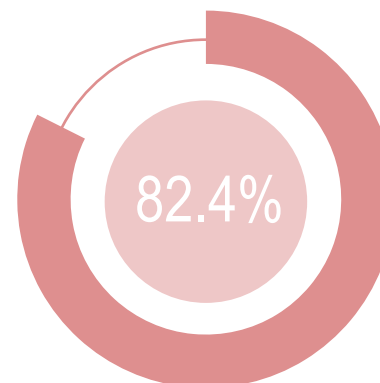
## PERCEPTION OF RISK

The question: "How much do you think people risk harming themselves physically or in other ways when they have five or more drinks of an alcohol beverage once or twice a week?"



## PARENTAL DISAPPROVAL

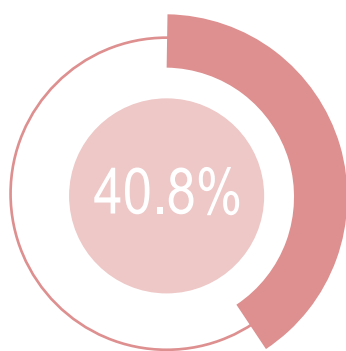
The question: "How wrong do your parents feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day?"



## FRIENDS DISAPPROVAL

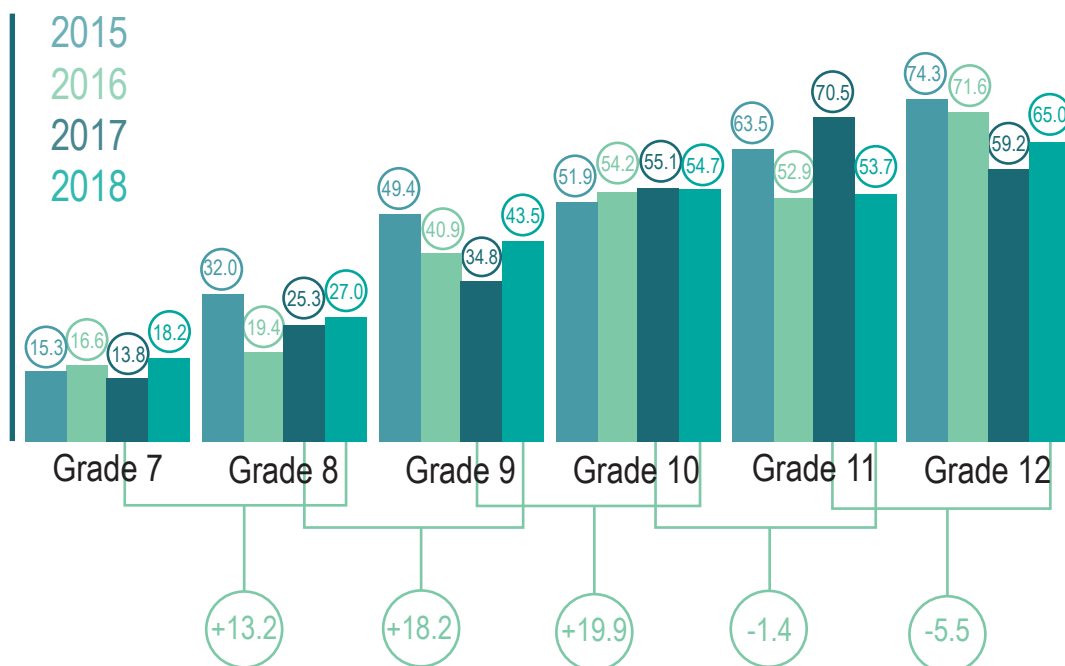
The question: "How wrong do your friends feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day?"

Lifetime Use refers to the question "In your lifetime, on how many occasions (if any) have you had beer, wine, or hard liquor to drink?" Percentages of students indicating they have had beer, wine or hard liquor to drink on one or more occasions in their lifetime.



## LIFETIME USE

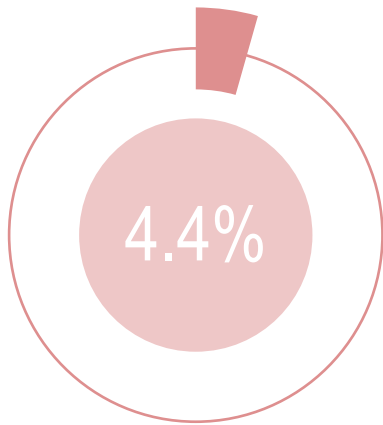
Countywide average for grades 7-12



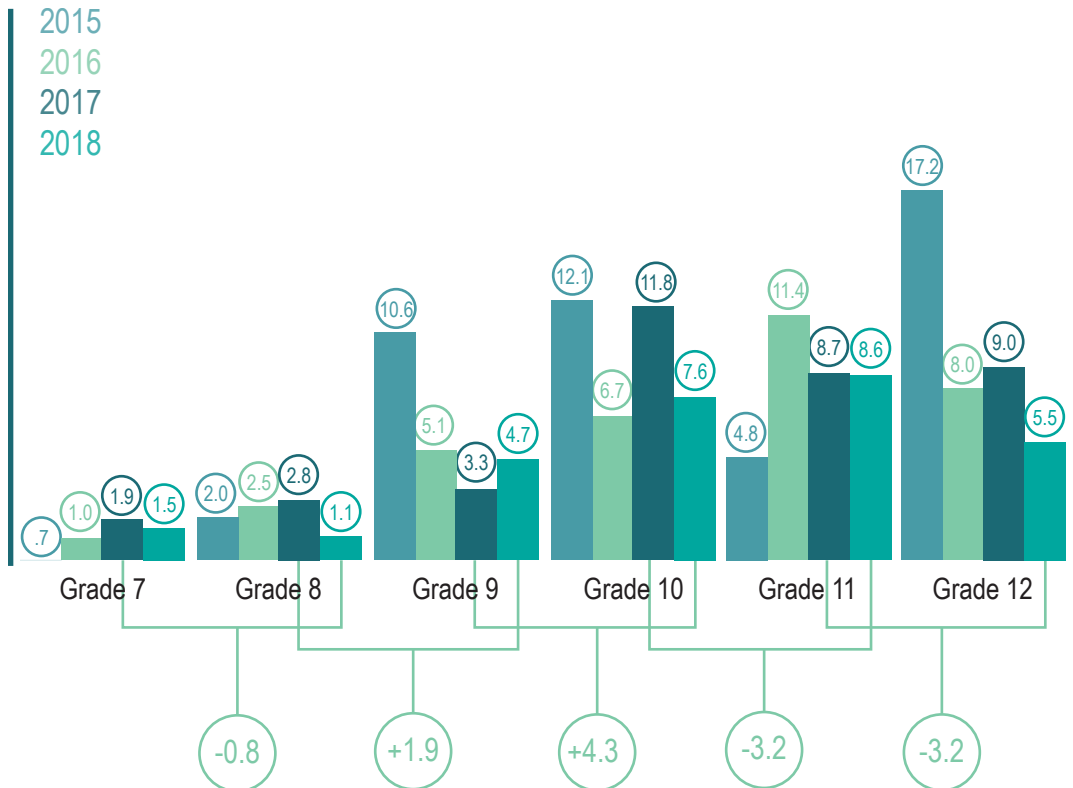
Change represents year-to-year change tracking the same groups of students. For example, tracking last years 7th graders to 8th grade this year.

# 2018 TOBACCO

Past 30-Day Use refers to the question “How frequently have you smoked cigarettes during the past 30 days?”

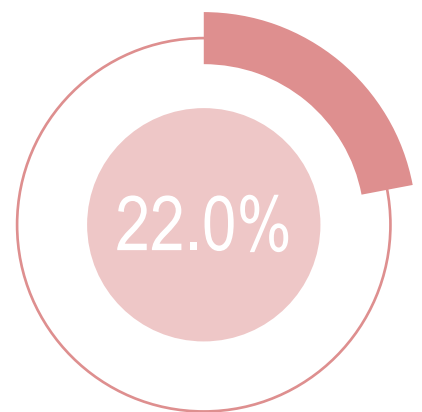
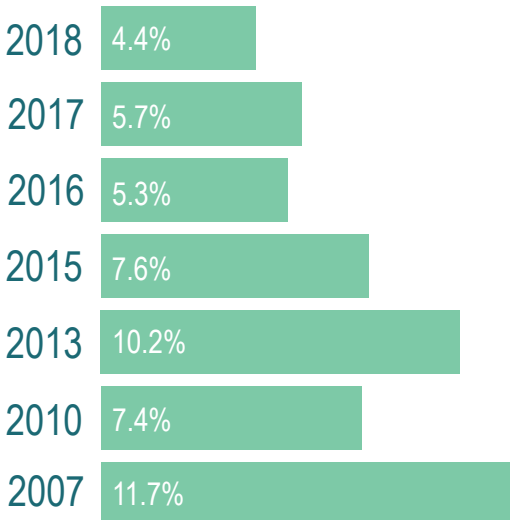


**PAST 30-DAY USE**  
Countywide average for grades 7-12



Change represents year-to-year change tracking the same groups of students. For example, tracking last years 7th graders to 8th grade this year.

## PAST 30-DAY USE 2007-2018 PROGRESS

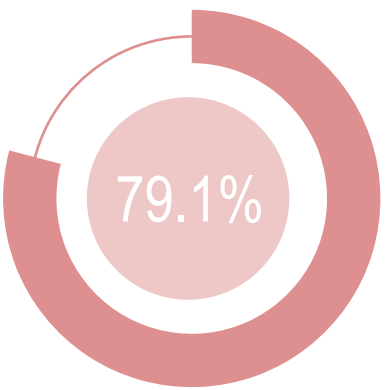


**PAST 30-DAY USE**  
Countywide average for grades 7-12

## VAPING 30-Day Use

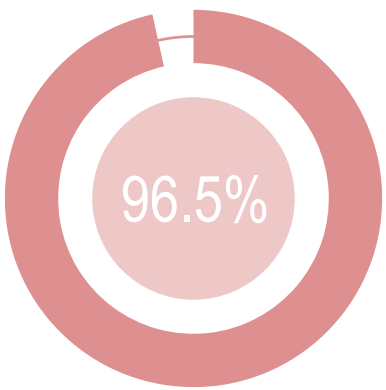
Past 30-Day Use refers to the question “During the past 30 days, on how many occasions did you use an electronic vaping device or e-cigarettes?”

# TOBACCO 2018



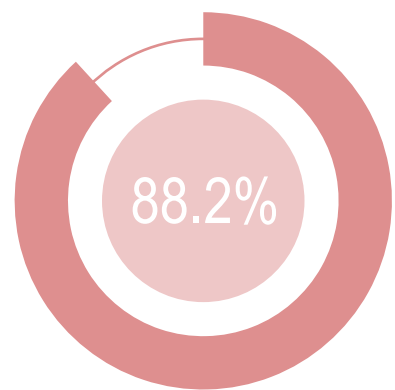
### PERCEPTION OF RISK

The question: "How much do you think people risk harming themselves physically or in other ways if they smoke one or more packs of cigarettes per day?"



### PARENTAL DISAPPROVAL

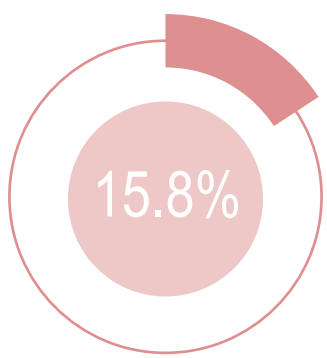
The question: "How wrong do your parents feel it would be for you to smoke tobacco?"



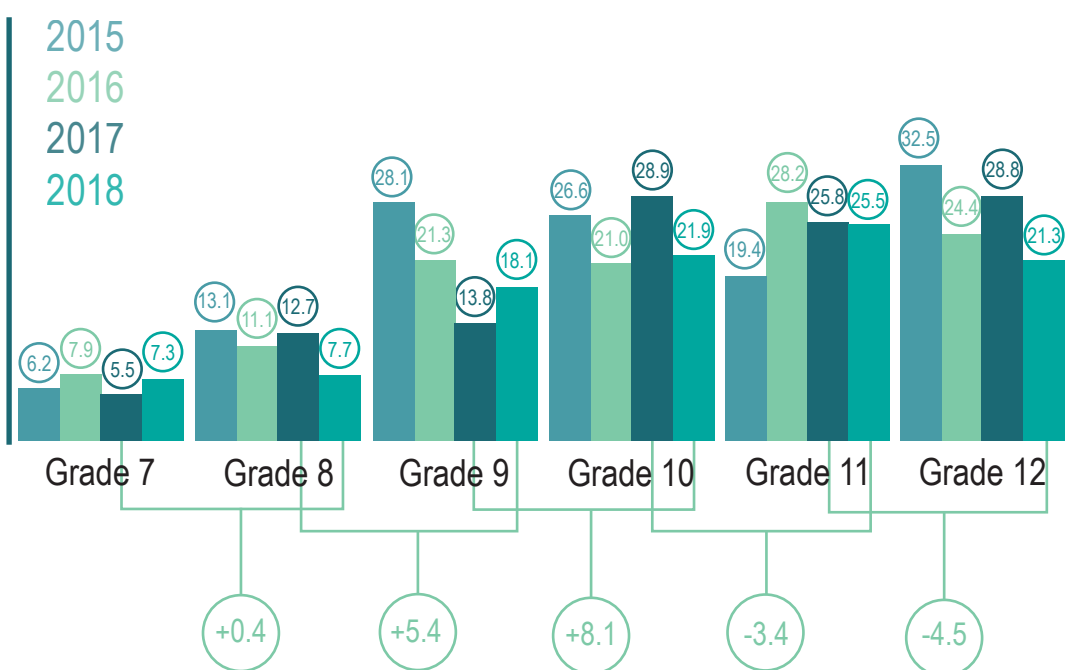
### FRIENDS DISAPPROVAL

The question: "How wrong do your friends feel it would be for you to smoke tobacco?"

Lifetime Use refers to the question "Have you ever smoked cigarettes?" Percentages of students indicating they have ever smoked cigarettes on one or more occasions in their lifetime.



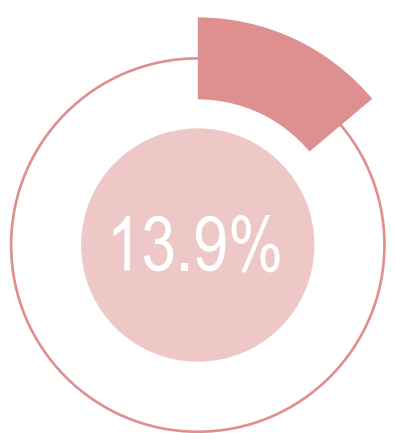
**LIFETIME USE**  
Countywide average for grades 7-12



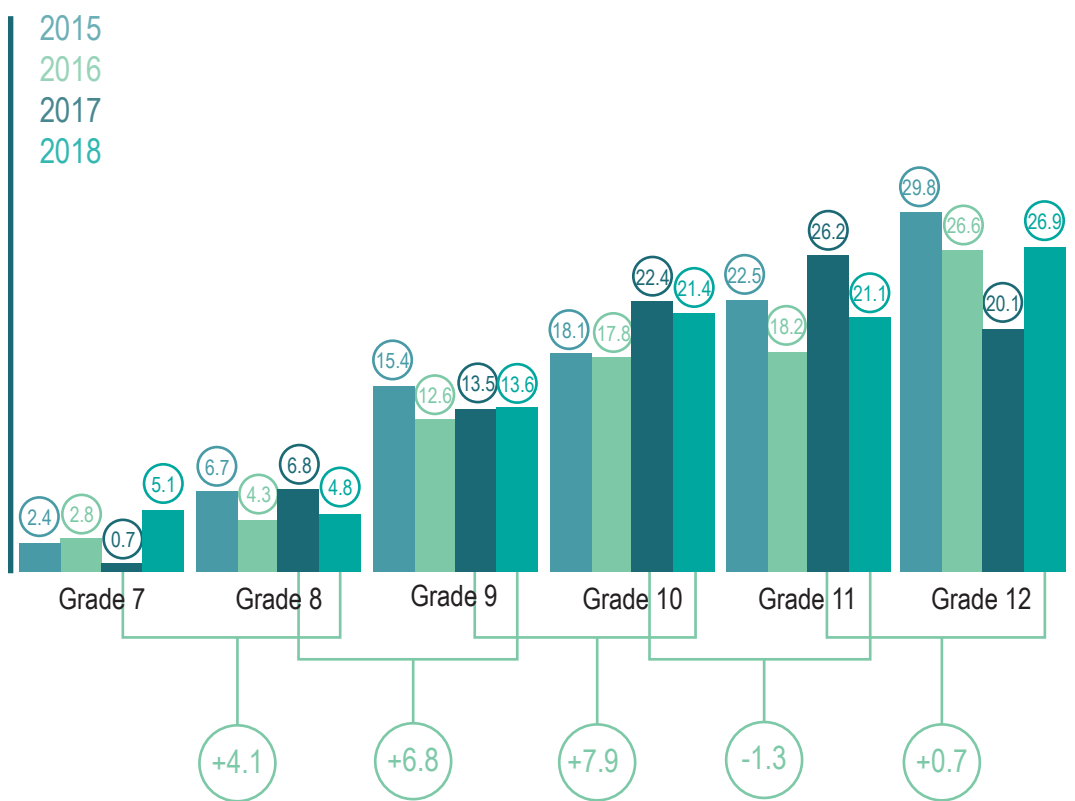
Change represents year-to-year change tracking the same groups of students. For example, tracking last years 7th graders to 8th grade this year.

# 2018 MARIJUANA

Past 30-Day Use refers to the question “During the past 30 days, on how many occasions have you used marijuana (grass, pot, weed) or used hash oil or dabs?”

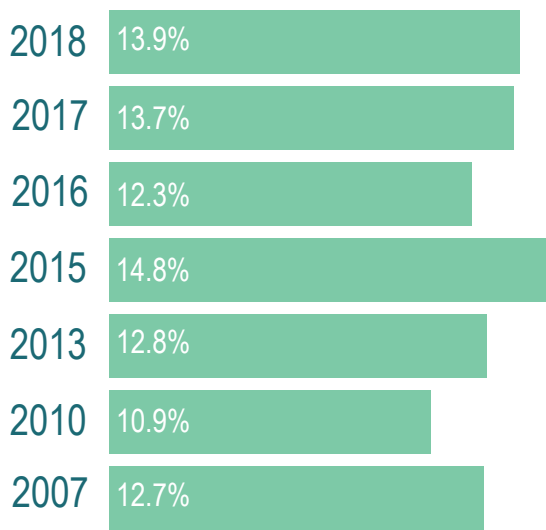


**PAST 30-DAY USE**  
Countywide average for grades 7-12



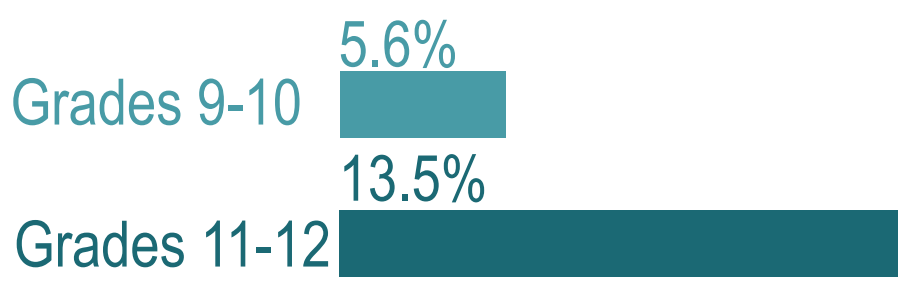
Change represents year-to-year change tracking the same groups of students. For example, tracking last years 7th graders to 8th grade this year.

## PAST 30-DAY USE 2007-2018 PROGRESS



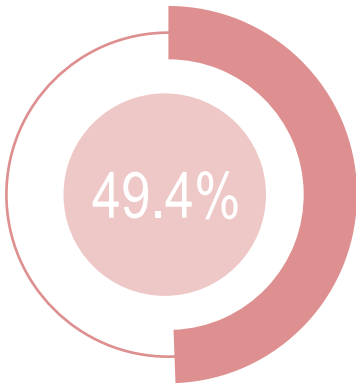
## DRUGGED DRIVING

Percentage of students who reported driving a car or other vehicle in the past 30 days under the influence of marijuana or other drugs.



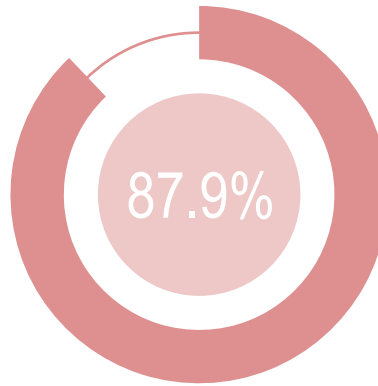


# MARIJUANA 2018



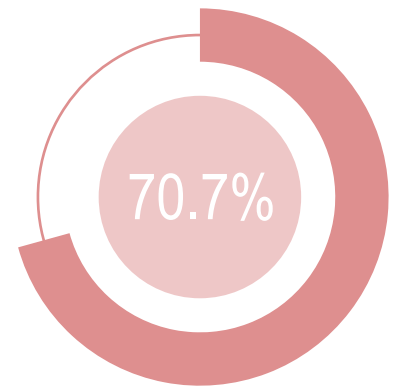
## PERCEPTION OF RISK

The question: "How much do you think people risk harming themselves physically or in other ways if they try marijuana once or twice a week?"



## PARENTAL DISAPPROVAL

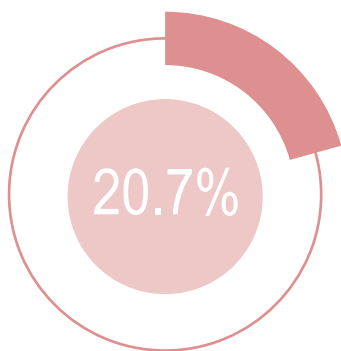
The question: "How wrong do your parents feel it would be for you to smoke marijuana?"



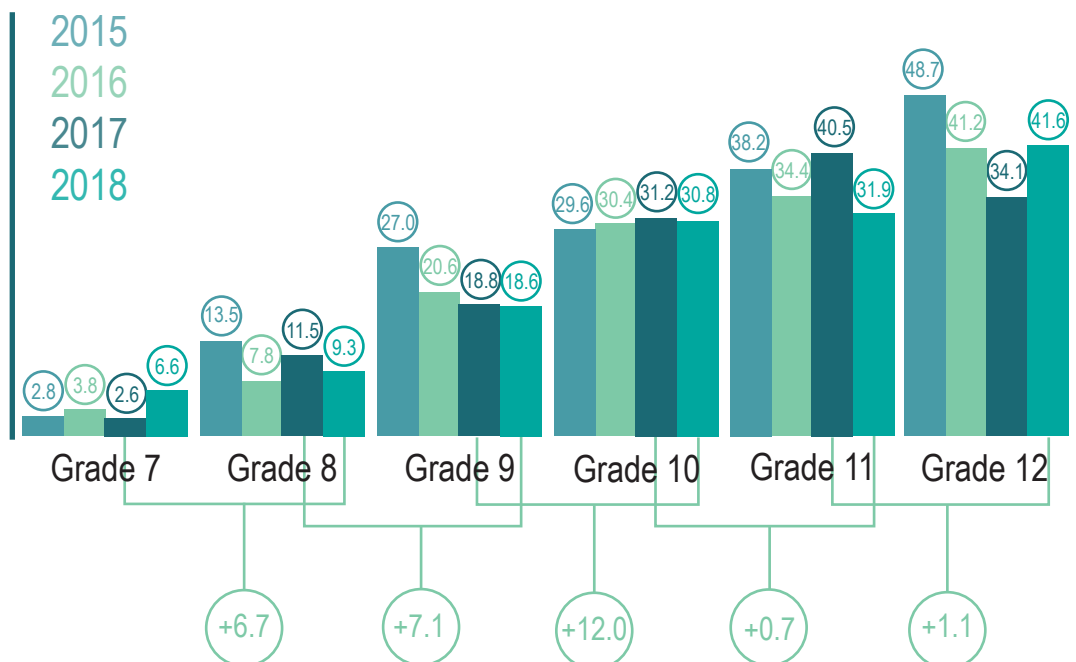
## FRIENDS DISAPPROVAL

The question: "How wrong do your friends feel it would be for you to smoke marijuana?"

Lifetime Use refers to the question "In your lifetime, on how many occasions (if any) have you used marijuana (grass, pot, weed)?" Percentages of students indicating that they have used marijuana on one or more occasions in their lifetime.



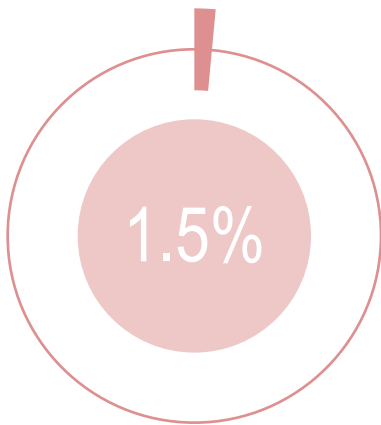
**LIFETIME USE**  
Countywide average for grades 7-12



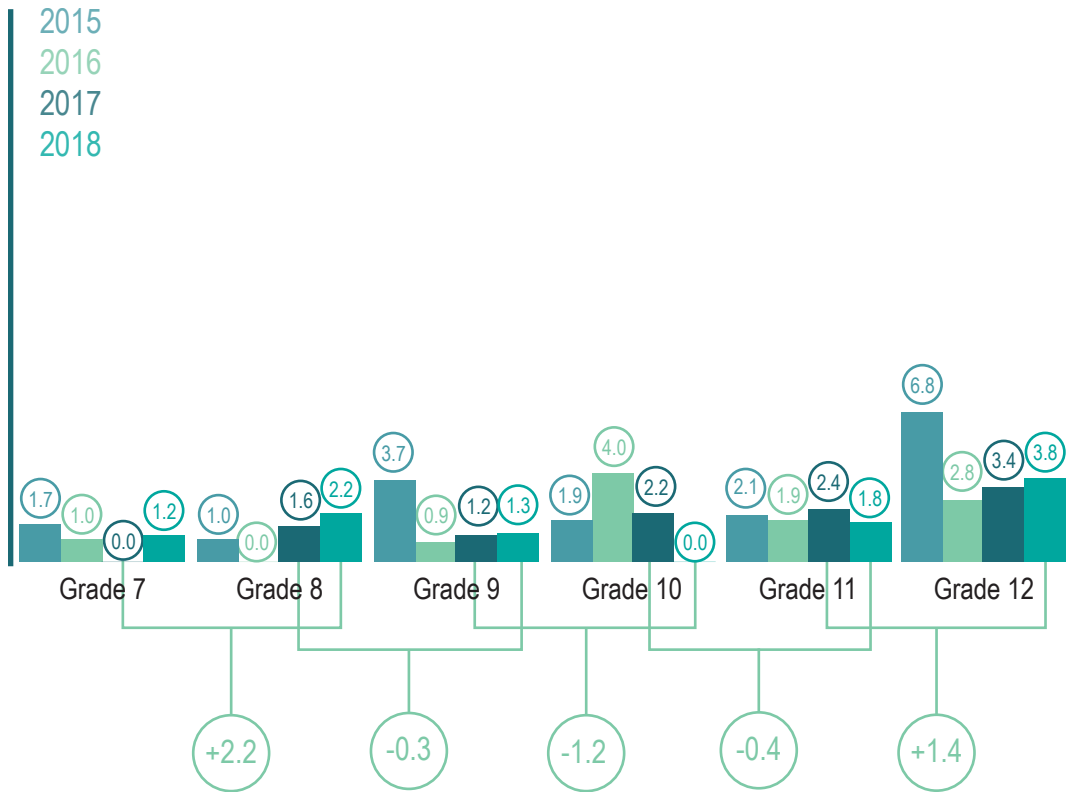
Change represents year-to-year change tracking the same groups of students. For example, tracking last years 7th graders to 8th grade this year.

# PRESCRIPTION DRUGS

Past 30-Day Use refers to the question “During the past 30 days, on how many occasions have you used any prescription drugs without a prescription?”

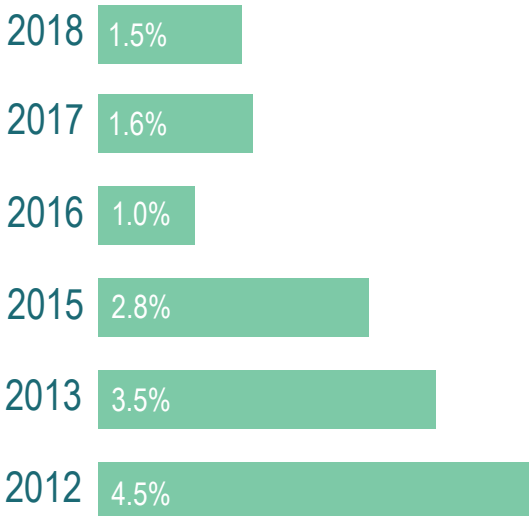


PAST 30-DAY USE  
Countywide average for  
grades 7-12



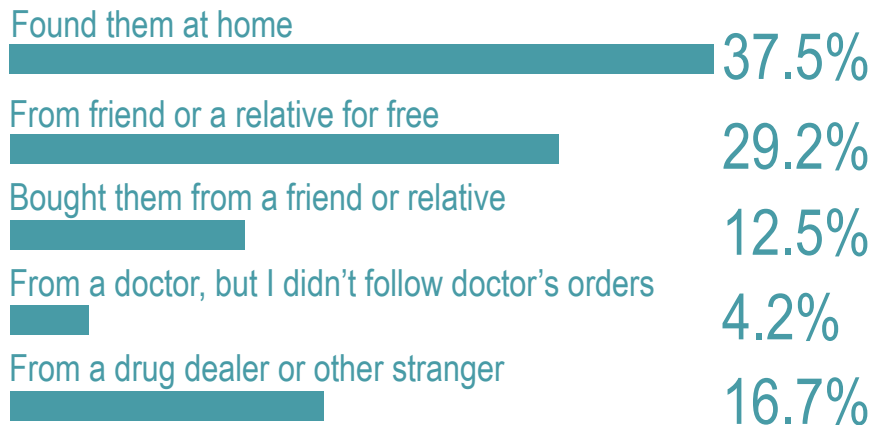
Change represents year-to-year change tracking the same groups of students.  
For example, tracking last years 7th graders to 8th grade this year.

## PAST 30-DAY USE 2007-2018 PROGRESS

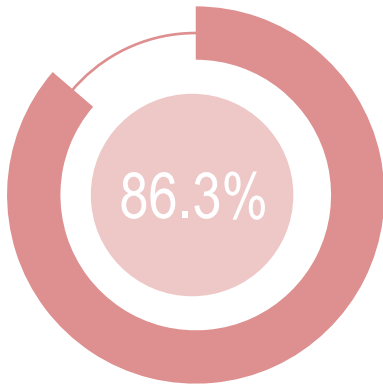


## ACCESS

Percentage of students who reported how they got prescription pain relievers that weren't prescribed to them.

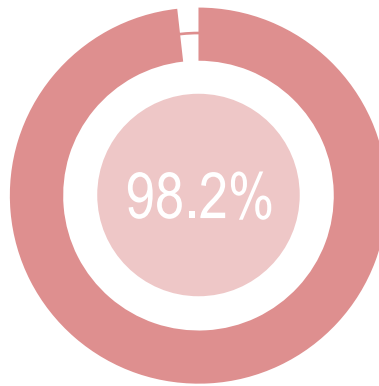


# PRESCRIPTION DRUGS 2018



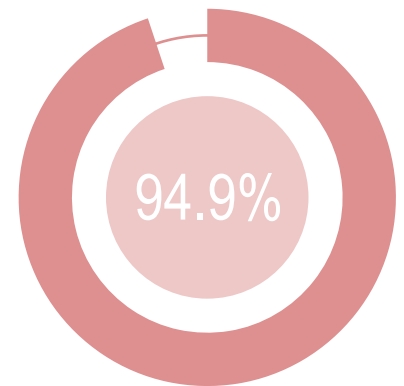
## PERCEPTION OF RISK

The question: "How much do you think people risk harming themselves physically or in other ways when they use any prescription drug without a prescription?"



## PARENTAL DISAPPROVAL

The question: "How wrong do your parents feel it would be for you to use prescription drugs without a prescription?"

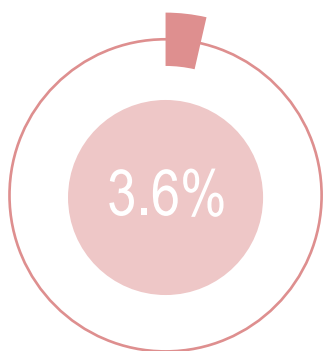


## FRIENDS DISAPPROVAL

The question: "How wrong do your friends feel it would be for you to use any prescription drug without a prescription?"

Lifetime Use refers to the question "In your lifetime, on how many occasions (if any) have you used prescription pain relievers not prescribed to you?"

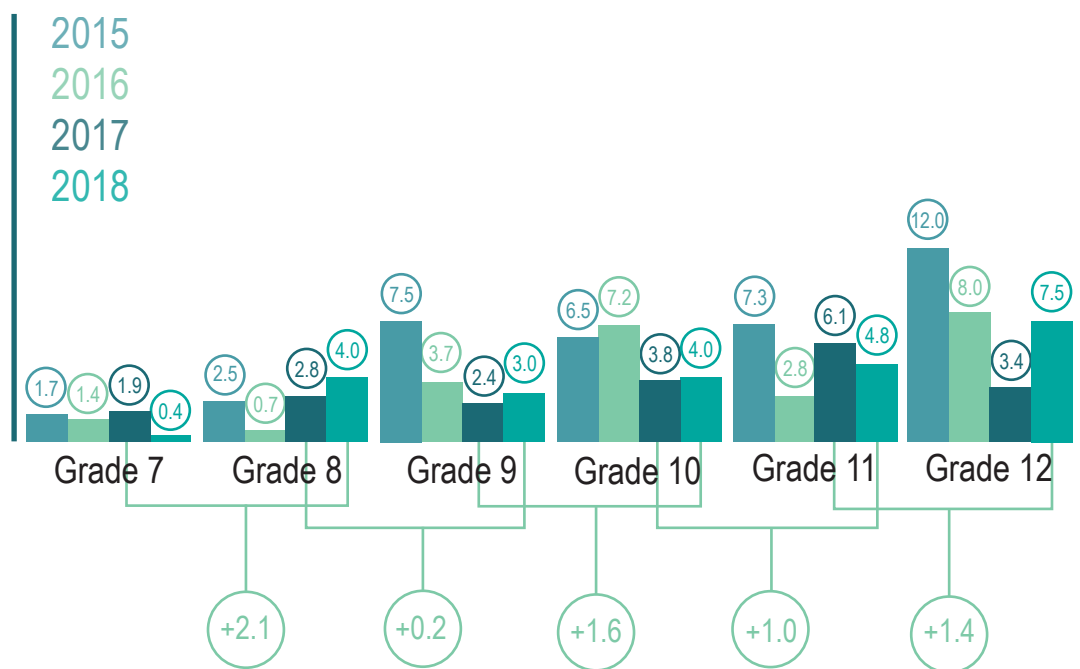
Percentages of students indicating they have ever used prescription pain relievers not prescribed to them on one or more occasions in their lifetime.



## LIFETIME USE\*

Countywide average for grades 7-12

\*Prescription pain relievers not prescribed to them

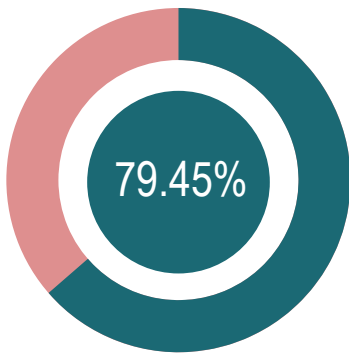


Change represents year-to-year change tracking the same groups of students. For example, tracking last years 7th graders to 8th grade this year.

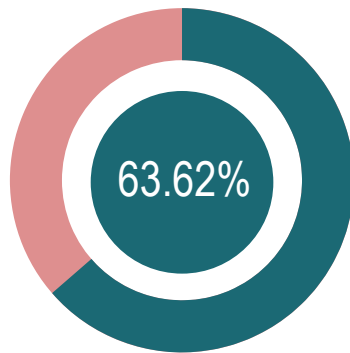
Protective factors exert a positive influence or buffer against the negative influence of risk, thus reducing the likelihood that adolescents will engage in problem behaviors.

## FAMILY ATTACHMENT

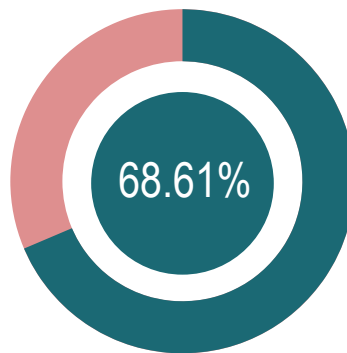
*Young people who feel that they are a valued part of their family are less likely to engage in substance use and other problem behaviors.*



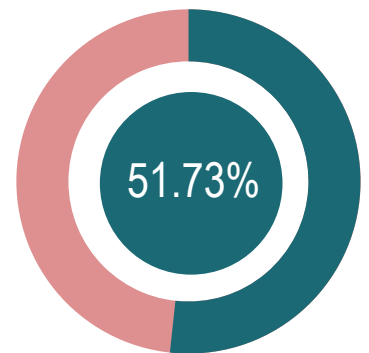
Do you feel very close to your mother?



Do you share your thoughts and feelings with your mother?



Do you feel very close to your father?



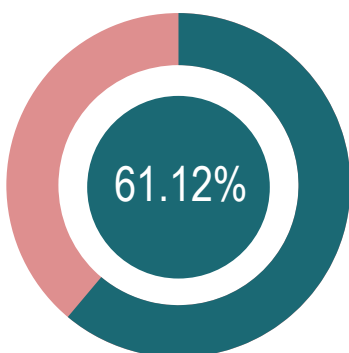
Do you share your thoughts and feelings with your father?



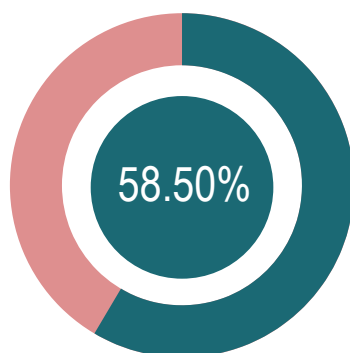
*The more students answering "yes" the better.*

## FAMILY REWARDS FOR PRO-SOCIAL INVOLVEMENT

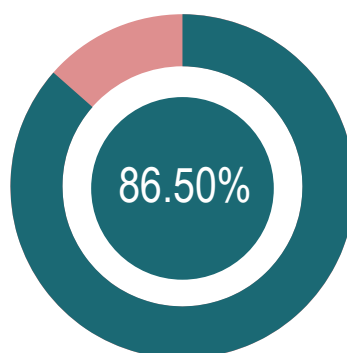
*When parents, siblings, and other family members praise, encourage, and attend to things done well by their child, children are less likely to engage in substance use and problem behaviors.*



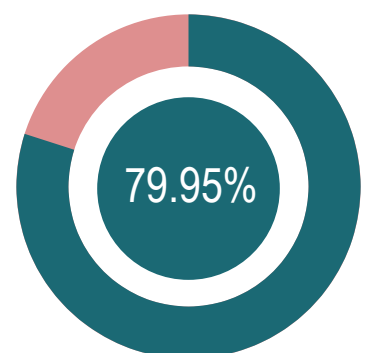
My parents notice when I am doing a good job and let me know about it.



How often do your parents tell you they're proud of you for something you've done?



Do you enjoy spending time with your mother?



Do you enjoy spending time with your father?

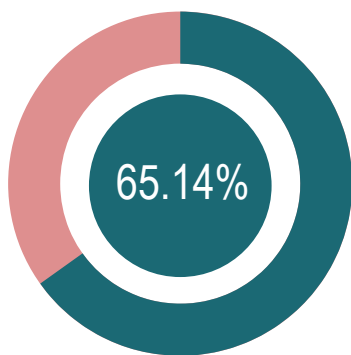


# PROTECTIVE FACTORS 2018

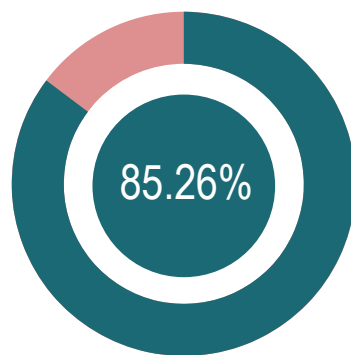
Protective factors exert a positive influence or buffer against the negative influence of risk, thus reducing the likelihood that adolescents will engage in problem behaviors.

## SCHOOL OPPORTUNITIES FOR PRO-SOCIAL INVOLVEMENT

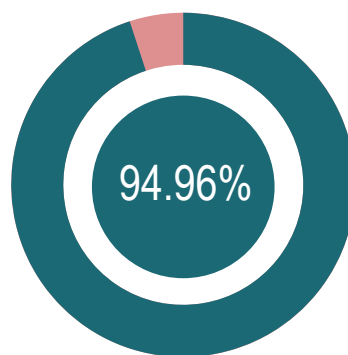
*When young people are given more opportunities to participate meaningfully in important activities at school, they are less likely to engage in drug use and other problem behaviors.*



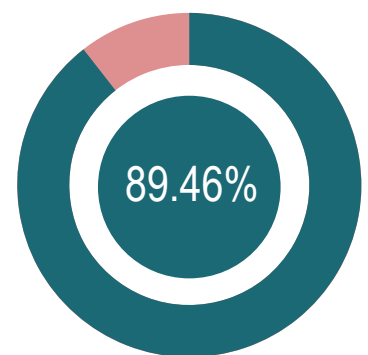
In my school, students have lots of chances to help decide things like class activities and rules.



There are lots of chances for students in my school to talk with a teacher one-on-one.



There are lots of chances for students in my school to get involved in sports and clubs.



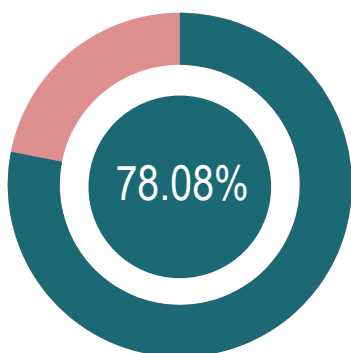
I have lots of chances to be part of class discussions or activities.



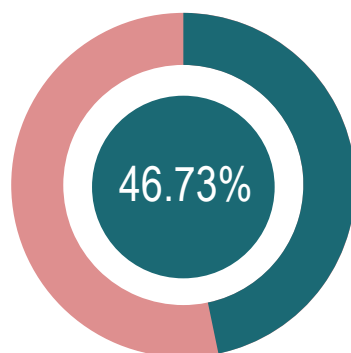
*The more students answering "yes" the better.*

## SCHOOL REWARDS FOR PRO-SOCIAL INVOLVEMENT

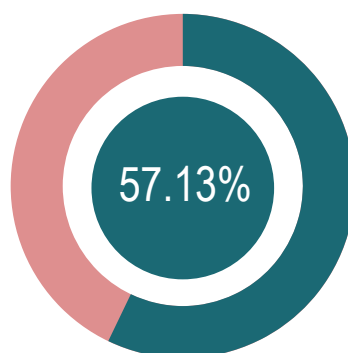
*When young people are recognized and rewarded for their contributions at school, they are less likely to be involved in substance use and other problem behaviors.*



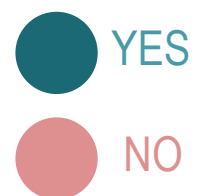
My teacher(s) notices when I am doing a good job and lets me know about it.



The school lets my parents know when I have done something well.



My teachers praise me when I work hard in school.



*The more students answering "yes" the better.*

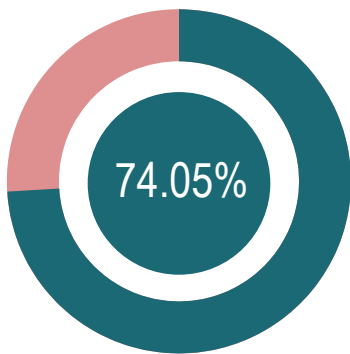
# 2018

# PROTECTIVE FACTORS

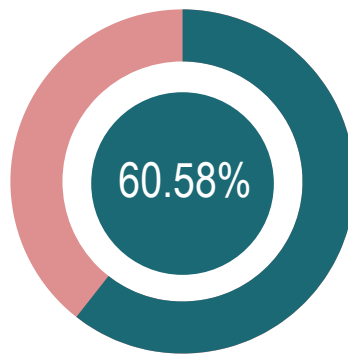
Protective factors exert a positive influence or buffer against the negative influence of risk, thus reducing the likelihood that adolescents will engage in problem behaviors.

## FAMILY OPPORTUNITIES FOR PRO-SOCIAL INVOLVEMENT

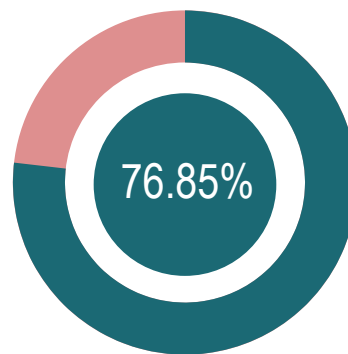
*Young people who are exposed to more opportunities to participate meaningfully in the responsibilities and activities of the family are less likely to engage in drug use and other problem behaviors.*



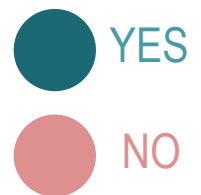
My parents give me lots of chances to do fun things with them.



My parents ask me what I think before most family decisions affecting me are made.



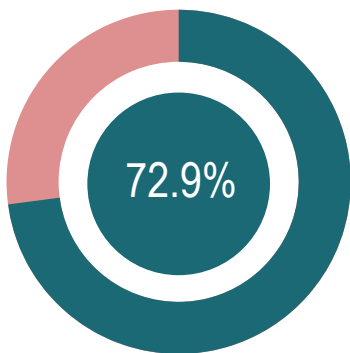
If I had a personal problem, I could ask my mom or dad for help.



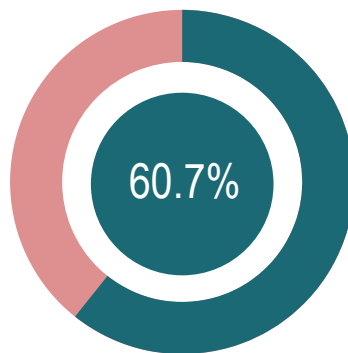
*The more students answering "yes" the better.*

## OPPORTUNITIES FOR PRO-SOCIAL INVOLVEMENT

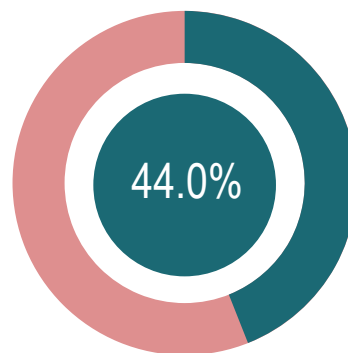
*Participation in positive school and community activities helps provide protection for youth.*



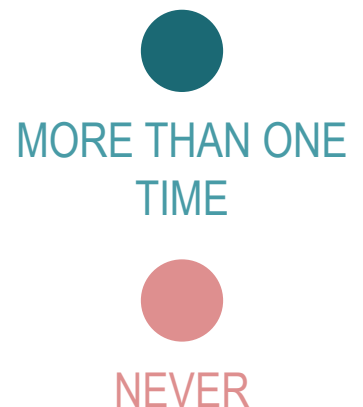
How many times in the past year (12 months) have you: participated in clubs, organizations or activities at school?



How many times in the past year (12 months) have you: participated in clubs, organizations or activities outside school?



How many times in the past year (12 months) have you: volunteered to do community service?



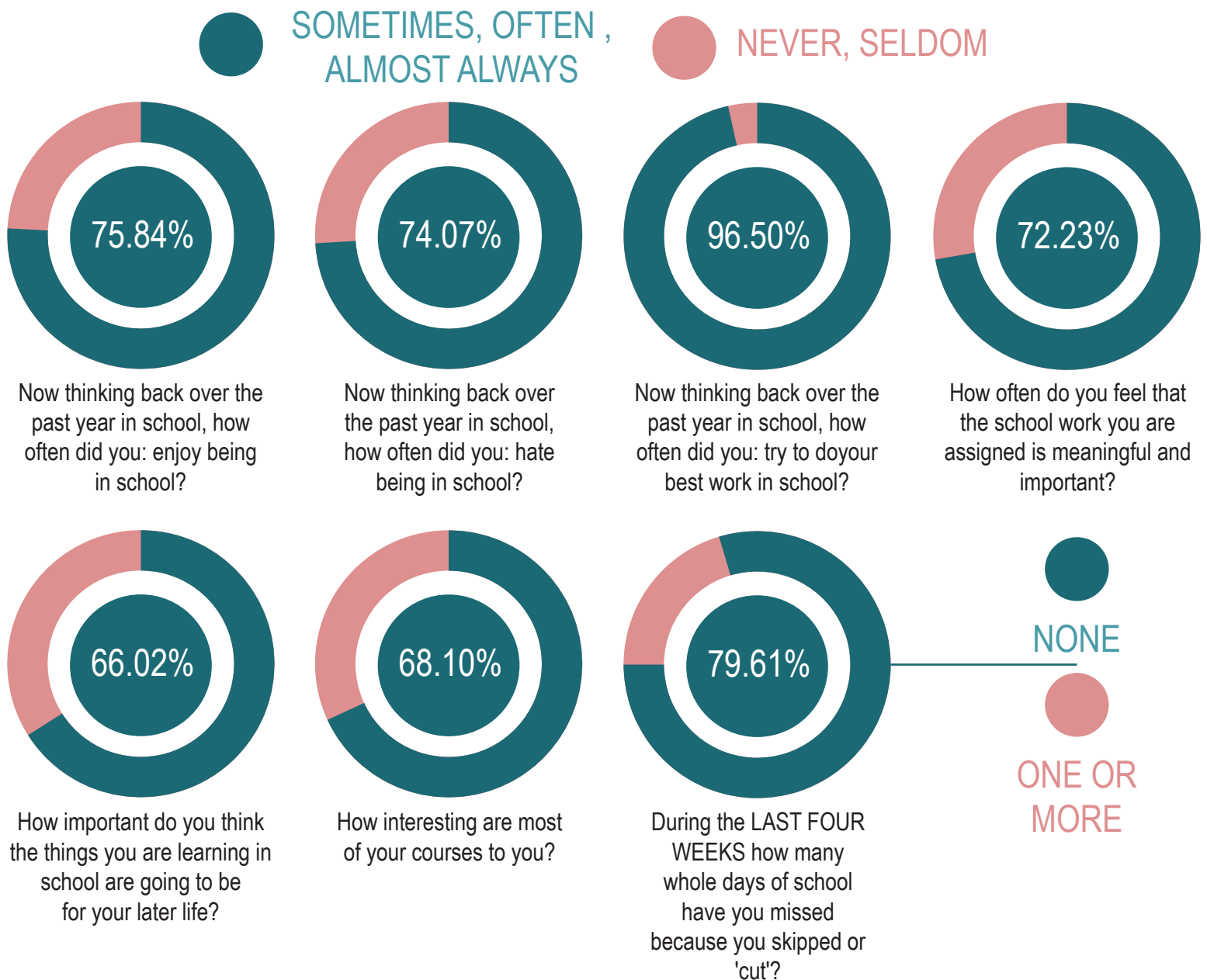
# RISK FACTORS

# 2018

Risk factors include characteristics of school, community, and family environments, as well as characteristics of students and their peer groups that are known to predict increased likelihood of drug use, delinquency, and violent behaviors among youth.

## LOW COMMITMENT TO SCHOOL

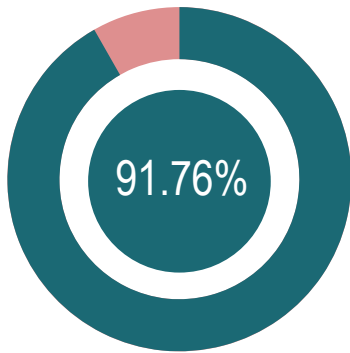
*Factors such as liking school, spending time on homework, and perceiving the coursework as relevant are also negatively related to drug use.*



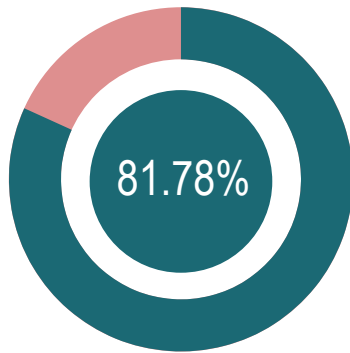
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## POOR FAMILY MANAGEMENT

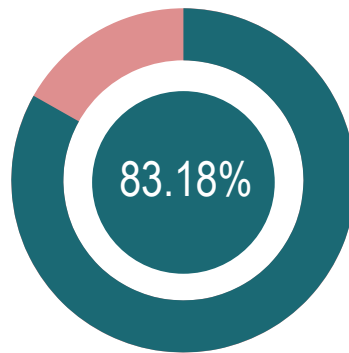
*Parents' use of inconsistent and/or unusually harsh or severe punishment with their children places them at higher risk for substance use and other problem behaviors. Also, parents' failure to provide clear expectations and to monitor their children's behavior makes it more likely that they will engage in drug abuse whether or not there are family drug problems.*



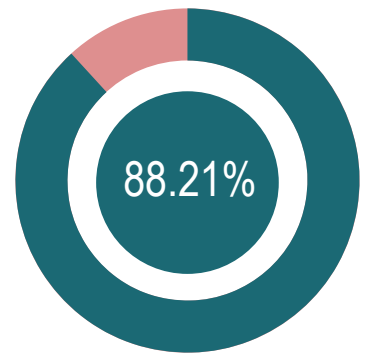
The rules in my family are clear.



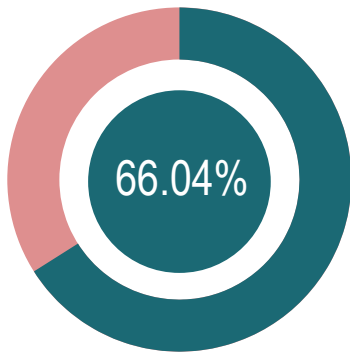
If you skipped school would you be caught by your parents?



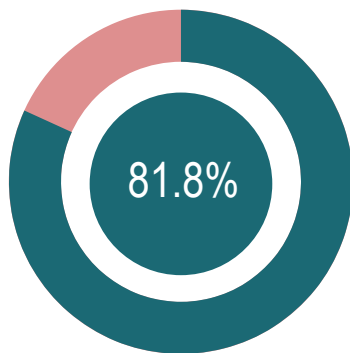
Would your parents know if you did not come home on time?



When I am not at home, one of my parents knows where I am and who I am with.



If you drank some beer or wine or liquor (for example, vodka, whiskey, or gin) without your parents' permission, would you be caught by your parents?



My parents ask if I've gotten my homework done.



*The more students answering "yes" the better.*



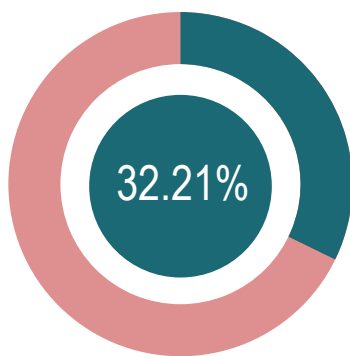
# RISK FACTORS

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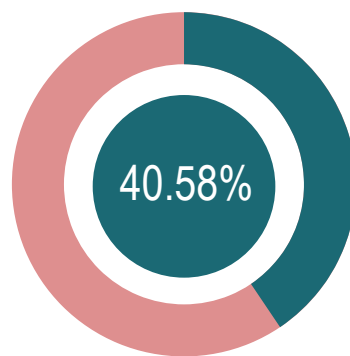
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## DEPRESSIVE SYMPTOMS

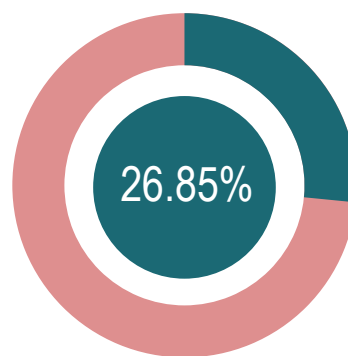
*Young people who express feelings of sadness for long periods over the past year and who have negative attitudes about themselves and life in general are more likely to use drugs.*



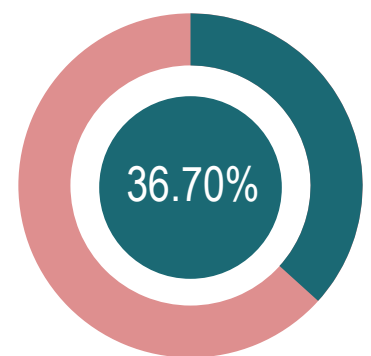
Sometimes I think that life is not worth it.



At times I think I am no good at all.



All in all, I am inclined to think that I am a failure.



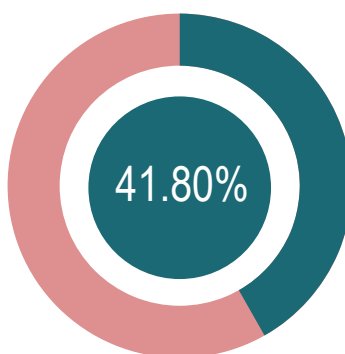
In the past year, have you felt depressed or sad MOST days, even if you felt okay sometimes?



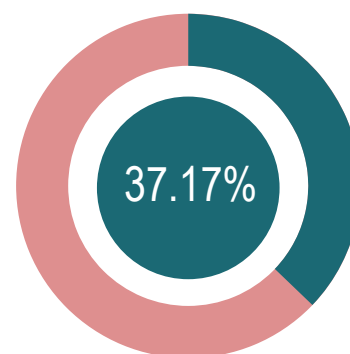
*The more students answering "no" the better.*

## FAMILY CONFLICT

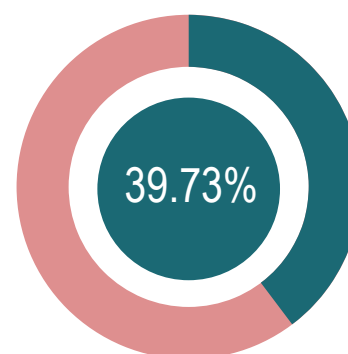
*Children raised in families high in conflict, whether or not the child is directly involved in the conflict, are at risk for both delinquency and drug use.*



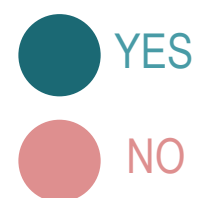
People in my family have serious arguments.



People in my family often insult each other.



We argue about the same things in my family over and over.

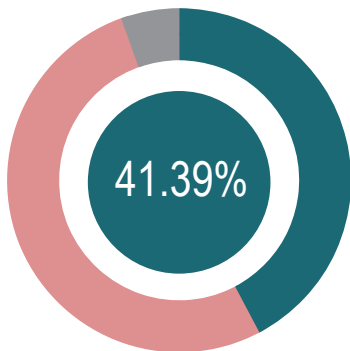


*The more students answering "no" the better.*

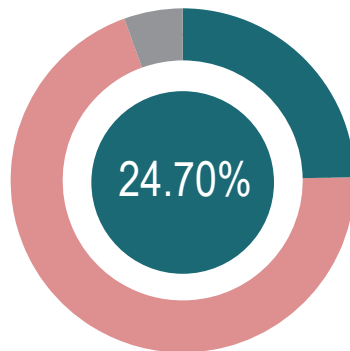
Risk factors include characteristics of school, community, and family environments, as well as characteristics of students and their peer groups that are known to predict increased likelihood of drug use, delinquency, and violent behaviors among youth.

## FAMILY HISTORY OF ANTISOCIAL BEHAVIOR

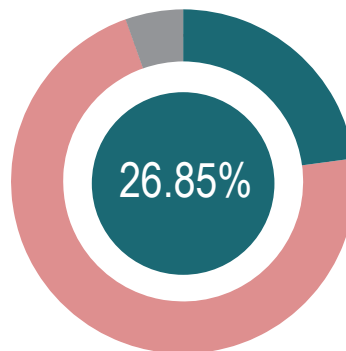
*When children are raised in a family with a history of problem behaviors (e.g., violence or ATOD use), the children are more likely to engage in these behaviors.*



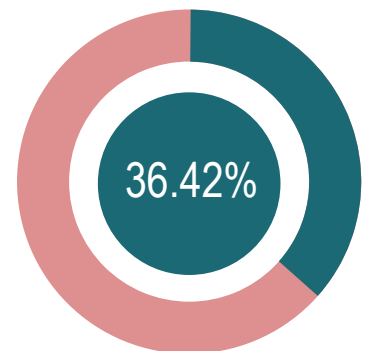
Have any of your brothers or sisters ever: drunk beer, wine or hard liquor (for example, vodka, whiskey or gin)?



Have any of your brothers or sisters ever: smoked marijuana?

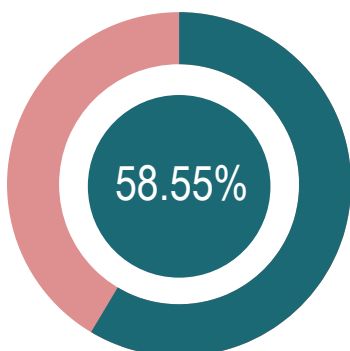


Have any of your brothers or sisters ever: smoked cigarettes?

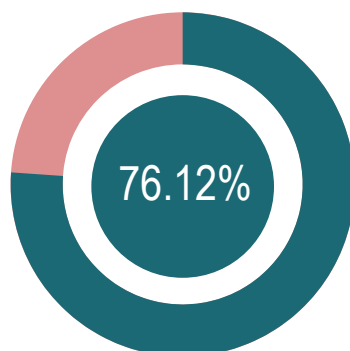


Has anyone in your family ever had severe alcohol or drug problems?

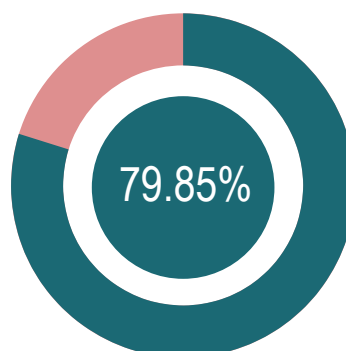
● YES ● NO ● I DON'T HAVE ANY BROTHERS OR SISTERS



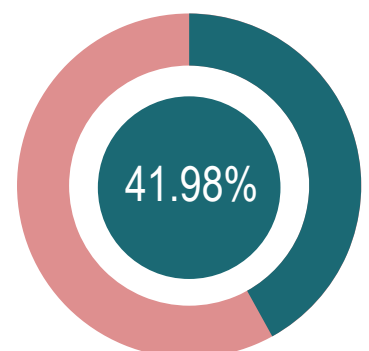
About how many adults (over 21) have you known personally who in the past year have: used marijuana, crack, cocaine, or other drugs?



About how many adults (over 21) have you known personally who in the past year have: sold or dealt drugs?



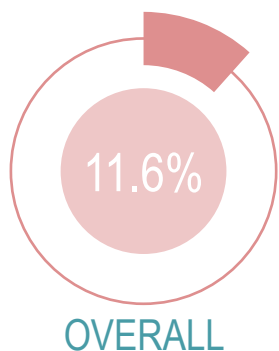
About how many adults (over 21) have you known personally who in the past year have: done other things that could get them in trouble with the police?



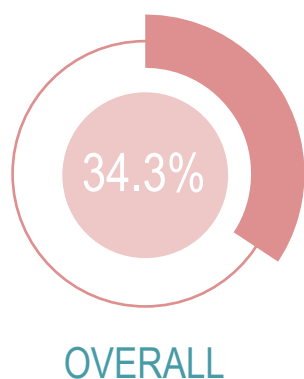
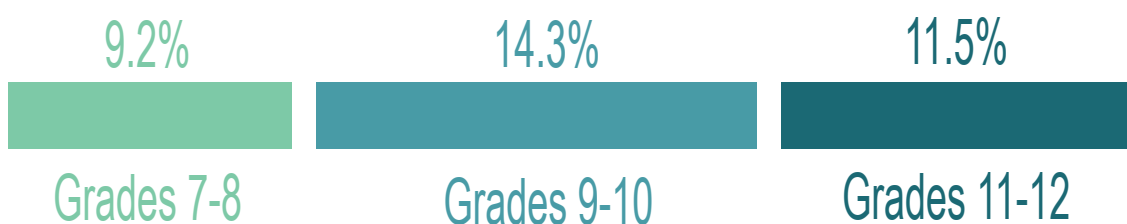
About how many adults (over 21) have you known personally who in the past year have: gotten drunk or high?

● ZERO ● ONE OR MORE

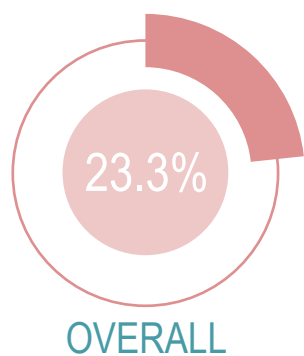
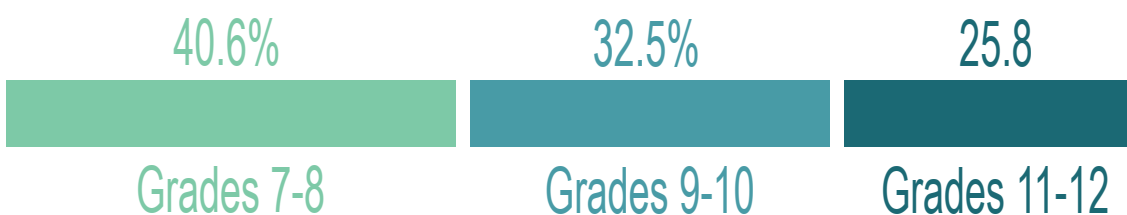
# BULLYING 2018



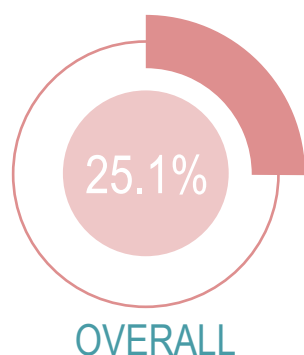
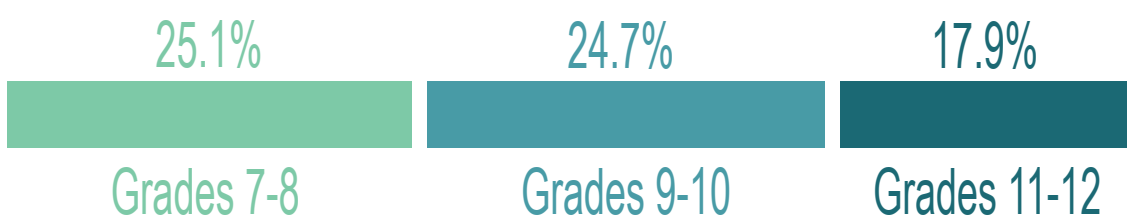
## BULLIED SOMEONE



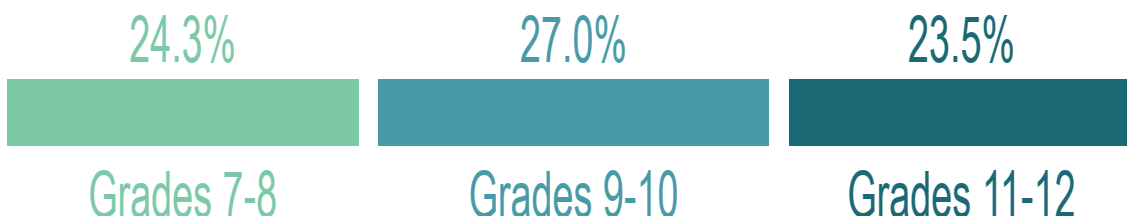
## BEEN BULLIED ON SCHOOL PROPERTY



## BEEN BULLIED OFF SCHOOL PROPERTY



## BEEN ELECTRONICALLY BULLIED





For more information regarding the data,  
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